

## QUESTION SET #1

### GUARANTEED FRESH

Until printed date or this snack's on us.

### QUESTIONS OR COMMENTS?

Weekdays 9:00am to 4:30pm Central Time

1-800-352-4477

### Nutrition Facts

Serving Size 1 package  
Servings Per Container 1

#### Amount Per Serving

**Calories** 260      **Calories from Fat** 120

% Daily Value\*

**Total Fat** g 20%

Saturated Fat 2g %

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 320mg %

**Total Carbohydrate** g 10%

Dietary Fiber 3g 11%

Sugars 2g

**Protein** 3g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 2%

Vitamin E 10% • Thiamin 6%

Riboflavin 2% • Vitamin B<sub>6</sub> 6%

Phosphorus 10% • Magnesium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Corn, Vegetable Oil (Corn, Canola, and/or Sunflower Oil), Maltodextrin (Made From Corn), Salt, Tomato Powder, Corn Starch, Lactose, Whey, Skim Milk, Corn Syrup Solids, Onion Powder, Sugar, Garlic Powder, Monosodium Glutamate, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes), Dextrose, Malic Acid, Buttermilk, Natural and Artificial Flavors, Sodium Acetate, Artificial Color (Including Red 40, Blue 1, Yellow 5), Sodium Caseinate, Spice, Citric Acid, Disodium Inosinate, and Disodium Guanylate.

**CONTAINS MILK INGREDIENTS.**

**FRITO-LAY, INC.**

PLANO, TX 75024-4099

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1. How many grams of fat are in one serving of Doritos?

2. What percent of a day's allowance of Saturated Fat is a person receiving from one serving of Doritos in a normal 2,000 calorie diet?

3. How many grams of carbohydrate is in a serving of Doritos in a normal 2,000 calorie diet?

4. What percent of a day's allowance of Sodium is a person receiving from one serving of Doritos?

5. What percent of a day's allowance of Protein is a person receiving from one serving of Doritos in a normal 2,000 calorie diet?